



# Certified Asthma Educator Exam: A Preparatory Workshop

## April 8 & 9, 2010

Rush University Medical Center • Professional Office Building II • 1710 W. Harrison St. • 5th Floor, Elevator II  
Brainard Room of the Searle Conference Center • Chicago, Illinois 60612

### Registration

To register for the course, contact Holly Herald:  
(312) 628-0235  
hherald@lungchicago.org

NA/CRS members: **\$250**  
Non-NA/CRS members: **\$275**

### About the AE-C

For information on the AE-C exam, including eligibility requirements, visit [www.naecb.org](http://www.naecb.org)

Participation in this workshop does not guarantee eligibility to sit for or pass the AE-C exam.

### Continuing Education Units

This activity has been submitted to Illinois Nurses Association Approval Unit for approval to award contact hours. Illinois Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Respiratory Health Association of Metropolitan Chicago is an approved continuing education sponsor by the State of Illinois Department of Financial and Professional Regulation. 12 continuing education hours of Respiratory Therapy credit will be awarded upon completion of the seminar.

### Dear healthcare professional,

The purpose of this comprehensive 2-day workshop is to prepare the healthcare professional for the Asthma Educator Certification Examination (AE-C). Based on 2007 NHLBI guidelines and the current AE-C content outline, this program is intended for individuals with a strong working knowledge of asthma education and management. Developed by certified asthma educators, this course will also benefit those seeking an overall review of asthma.

Our faculty is comprised of physicians, nurses, pharmacists, and respiratory therapists with vast experience in pediatric and adult asthma management. Their experience includes asthma management within hospital, clinic, school, academic, and community settings.

This preparatory workshop includes lectures, case studies, and small group discussion. The hands-on demonstration stations promote one-on-one learning and formal validation of asthma-related skills. Participants receive lecture outlines, management tools, practice case studies, patient education materials, and a copy of the AE-C Candidate Handbook. Product demonstration and pharmaceutical exhibits are available during the lunch break on Day 1.

This is a unique opportunity to network with other healthcare professionals who share your pursuit for excellence in asthma education.

Cynthia Gronkiewicz, MS, RN, APN, AE-C  
Program Chair  
Certified Asthma Educator



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## Thursday, April 8, 2010

- 7:30 – 8:00** Registration/Continental Breakfast
- 8:00 – 8:15** Welcome and Workshop Overview  
Cindy Gronkiewicz, RN, MS, APN, AE-C
- 8:15 – 9:45** Pathophysiology, Diagnosis & Clinical Assessment of Asthma  
Ted Naurekas, MD
- 9:45 – 10:00** Break
- 10:00 – 10:30** Clinical Application of Spirometry  
JoAnn Hurd, AS, RRT, RPSGT, CPFT, AE-C, RCP
- 10:30 – 11:30** Airway Irritants  
Patricia Musto, DNP, CFNP, RN, FAAAAI, AE-C
- 11:30 – 12:30** Exhibits/Vendors  
*Box lunches provided*
- 12:30 – 1:30** Pharmacological Therapy  
Lori Wilken, PharmD, AE-C, TTS
- 1:30 – 1:45** Break
- 1:45 – 2:30** Asthma Management in Comorbid Illnesses  
Sean Forsythe, MD
- 2:30 – 3:15** Role of Alternative Medicine in Asthma  
Youngran Chung, MD

### Parking

Parking is \$7.50 per day; stop by the registration desk to get your parking ticket validated each day. The enclosed garage is on the southeast corner of Paulina and Harrison, which connects to the Atrium and Professional Office Building by a covered walkway.

## Friday, April 9, 2010

- 7:50 – 8:00** Sign-in
- 8:00 – 9:00** Asthma Action Plans: Development and Implementation  
Susan Corbridge, PhD, APN, AE-C
- 9:00 – 9:45** Learning Considerations in Asthma Education  
Lenore Coover, RN, MSN, AE-C
- 9:45 – 10:00** Break
- 10:00 – 10:45** Organizational Issues Across Healthcare Settings  
Cindy Gronkiewicz, RN, MS, APN, AE-C  
Lenore Coover, RN, MSN, AE-C
- 10:45 – 11:30** Stepwise Asthma Management: Adult Case Study  
Lyn Tepper, APN, AE-C, TTS
- 11:30 – 12:30** Lunch Provided
- 12:30 – 2:45** Hands-on Validation at Skill Stations  
Cathy Catrambone, PhD, RN – Coordinator
- Station 1** DPIs  
Dolores Weems, BA  
Maureen Damitz, AE-C
- Station 2** MDIs & Spacers  
Lyn Tepper, APN, AE-C, TTS
- Station 3** Peak-Flow Meters  
Lenore Coover, RN, MSN, AE-C
- Station 4** Nebulizers  
Deborah Linhart, BS, RRT, RCP, AE-C
- Session 5** Environmental  
Holly Thompson
- 2:45 – 3:30** AE-C Test Taking Strategies  
Maureen Damitz, AE-C
- 3:30 – 3:45** Question and Answer Session

## Speakers & Facilitators

Cathy Catrambone, PhD, RN\*♦  
*Rush University Medical Center*

Youngran Chung, MD♦  
*Children's Memorial Hospital/Northwestern University*

Lenore Coover, RN, MSN, AE-C\*♦  
*Pediatric Case Management Services*

Susan Corbridge, RN, MS, CNP, AE-C\*♦  
*University of Illinois at Chicago*

Maureen Damitz, AE-C\*♦  
*Respiratory Health Association of Metropolitan Chicago*

Sean Forsythe, MD♦  
*Loyola University Medical Center*

Cindy Gronkiewicz, MS, RN, APN, AE-C\*♦  
*Pulmonary Nurse Consultant*

Holly Herald\*  
*Respiratory Health Association of Metropolitan Chicago*

JoAnn Hurd, AS, RRT, RPSGT, CPFT, AE-C, RCP\*♦  
*Chicago Sleep Group, Division of Suburban Lung Associates*

Stacy Ignoffo, MSW\*  
*Respiratory Health Association of Metropolitan Chicago*

Deborah Linhart, BS, RRT, RCP, AE-C♦  
*Central DuPage Hospital*

Holly Thompson♦  
*Safer Pest Control Project*

Patricia K. Musto, DNP, CFNP, RN, FAAAAI, AE-C♦  
*Genentech*

Ted Naurekas, MD♦  
*University of Chicago*

Lyn Tepper, APN, AE-C, TTS\*♦  
*Northwest Community Hospital*

Dolores Weems, BA\*♦  
*University of Illinois at Chicago Medical Center*

Lori Wilken, PharmD, AE-C, TTS♦  
*University of Illinois at Chicago Medical Center*

\*Conference Planning Committee  
♦Facilitator/Speaker

As required by the American Nurses Credentialing Center's Accreditation Program, we would like to make you aware of all potential conflicts of interest(s). This educational activity's planners and the presenter(s) have disclosed the following financial relationship that could potentially result in a conflict of interest: Patricia Musto has disclosed ownership in stock and salary of Genentech. All other planners and presenters have indicated they have no bias or conflict of interest.