



What you need to know about...

Living With Lung Cancer

It is important to know that you are not alone when you or someone you love is living with lung cancer. Here is a list of people and places where you can find treatment options, reassurance, hope and support.

Your Lung Cancer Treatment Team

The health care team treating your cancer can be a valuable resource. You, your family and friends are the most important team members. The team can also include any of these professionals: primary care doctor, pulmonologist (lung doctor), medical oncologist (prescribes medicine or chemotherapy), surgeon, radiologist, nurses, doctor's office staff, chaplain or pastoral care, and social worker or psychologist.

How To Prepare For Appointments

To get the most out of your treatment team visit it is helpful to spend some time preparing. Write down how you have been feeling physically and emotionally, any side effects that you have experienced and any questions that you may have for the team. If you take a moment to make this list, you will feel prepared for your visit.

What to Bring to Your Appointments

It is a good idea to bring a family member or friend with you to your appointments along with your list and a pen & paper. Your "second pair of ears and eyes" will be most helpful as you review how you are feeling, get treatment team updates and they can serve as "note-takers" for your visit.

Clinical Trials

Clinical trial research compares options for treatment that will advance lung cancer care. Ask your treatment team if you are eligible to participate.

Seeking a Second Opinion

It is common to seek a second opinion regarding diagnosis or treatment. Check with your insurance company as most do cover second opinion appointments.

In addition to your lung cancer treatment team, there are many other lung cancer community resources for you & your family.

Community Support and Resources

Throughout the Chicago region, there are community cancer support centers that offer a variety of services such as yoga and exercise classes, nutrition and health lectures, support and networking groups for you and your family. Many area hospitals host support groups, too. Phone and online support and national resources are also available.

Respiratory Health Association of Metropolitan Chicago's Lung Cancer Initiative (LCI) serves as a resource for people living with lung cancer, their families and friends and healthcare professionals.

For more information about the LCI or lung cancer resources please contact Eileen Lowery, phone: 312-628-0217, email: elowery@lungchicago.org or visit our website www.lungchicago.org