

Alpha-1 Association



Support, Education and Advocacy since 1991

A Support Group

for individuals, caregivers and family members
with Alpha-1 Antitrypsin Deficiency & COPD

Alpha 1 and COPD Support Group Meeting “Let’s talk about exercise the COPD way”

FEATURED SPEAKER: Amy Castillo, PT, MPT, SCS, CSCS

February Meeting

Date & Time: February 7th from 5:30-8:00

Location: Community Hospital Fitness Pointe
Conference rooms B & C
9950 Calument Ave.
Munster Ind.46321
1-219-924-5348

PLEASE RSVP BY FEB 1st:

chicagoalphas@live.com

1-219-765-7801/ 1-708-774-3529



Meeting Sponsor: Talecris/Grifols

A light meal will be provided

Support group meetings are open to patients, friends, family members and caregivers. There is no cost to attend.

COPD Almost Always Preventable.
FOUNDATION Almost Always Treatable.
Someday Curable.