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**RESPIRATORY
HEALTH
ASSOCIATIONSM**
of Metropolitan Chicago

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RESPIRATORY HEALTH ASSOCIATION PLACES BOUNTY ON ASHTRAYS

Association offering free on-line and in-person tobacco cessation classes

If you're among the thousands expected to quit smoking when Illinois becomes a smoke-free state on January 1, 2008, you can make a little extra money by turning in your ashtrays to Respiratory Health Association of Metropolitan Chicago.

"The Association is paying 25 cents for every ashtray brought in," says RHAMC CEO Joel Africk, "up to a total of 2000 ashtrays."

"It's our way of providing a little extra incentive to encourage people to quit," says Africk. "Smoke-free laws and good health are two powerful inspirations for people to quit smoking. Our 'bounty' on ashtrays is the icing on the cake."

Illinois has adopted one of the strongest smoke-free laws in the country. Starting with the New Year, smoking is prohibited in all work places and public areas including restaurants, bars, casinos, stadiums, and bingo halls. As a result, health experts expect that lung cancer and heart attacks rates in Illinois will drop significantly.

Columbia College students will sculpt the donated ashtrays into an art object to commemorate Illinois becoming the 22nd state in the country to go smoke-free.

Ashtrays will be accepted at the Association's office 1440 W. Washington Blvd, Chicago during normal business hours until January 4, 2008.

For more information on RHAMC's free quit smoking classes, please visit www.lungchicago.org or call 312-243-2000.

Respiratory Health Association of Metropolitan Chicago (RHAMC) has been a local public health leader since 1906. Known previously as American Lung Association of Metropolitan Chicago, RHAMC ended its affiliation with American Lung Association on July 1, 2007, and now operates as an independent lung health charity with a local board of directors.

Chicago's Lung Health
Leader Since 1906

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